



MICHIGAN  
**PSYCHIATRIC**  
SOCIETY

## Mentalnote

The Electronic Newsletter of the Michigan Psychiatric Society

### May 2016 Newsletter

#### FROM THE MPS PRESIDENT



Greetings!

Spring is upon us and with its renewal a new MPS council will convene. I would like to take this opportunity to acknowledge the efforts of talented members of MPS as I discuss the goals for my presidential year. The team work of these dedicated physicians is what truly makes our organization run smoothly.

Heading up our membership committee as co-chairs are Drs. Jeanette Scheid and Hanna Saad, who along with Dr. Phil Margolis, are attempting to increase our member advancement to fellow status. To aid in new member recruitment, I plan to travel along with our executive director, Jane Sherzer, to various destinations throughout the state. This will allow me to also directly engage with current members and address any region specific concerns.

This past April, Drs. Eric Achytes and Amy Rosinski worked diligently as program committee co-chairs to provide us with an exceptional spring meeting. The meeting was very well-attended and also highlighted some outstanding research posters by our residents. The program committee is looking to co-sponsor a fall workshop in collaboration with the APA on integrated care.

The Flint water crisis is on the minds of many in Michigan. MPS has formed a long term task force to help educate other physicians and the community about the psychiatric medical care needs this catastrophe has created. Our program committee will work with other physician groups such as the Michigan State Medical Society, APA, and the Michigan Osteopathic Association to accomplish this goal.

Parity for mental health may be a national law but it is not the law in Michigan and a handful of other states. Legislation for parity had been defeated on three occasions in Michigan. It remains a goal of MPS to achieve parity for mental health care in Michigan.

Our legislative committee co-chairs, Drs. Ollie Cameron and Jed Magen, will have a busy year along with community psychiatry committee chair, Dr. Jonathan Henry, as MPS actively participates in discussions about proposed funding changes for the community mental health system. Community psychiatry committee members, Drs. Carmen McIntyre and Scott Monteith, are participating in a work group to look at models for delivery of services.

It is my hope that if you have a particular interest in any of the MPS activities which I have described above that you join one of our committees. I think that you will find, as I have, an outstanding group of individuals to work with.

Sincerely,

Nina L. Anderson, MD.

Nina L Anderson, MD

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**Toolkit for the  
21st Century  
Psychiatrist**

### **MPS 2016 SPRING MEETING WAS A GREAT SUCCESS!**

With over 220 registered attendees, the MPS 2016 Spring Meeting is officially deemed a success!

#### Special thanks to our speakers:

The Honorable Susan Beebe  
John F Greden, MD  
David Knesper, MD  
Debra Pinals, MD

Hilary Smith Connery, MD, PhD  
Cheryl King, PhD  
Michael Liepman, MD

#### Our Exhibitors

American Professional Agency, Inc <http://www.americanprofessional.com>

Assured Health <https://genesight.com>

Corizon Health <http://www.corizonhealth.com>

Hantz Group <https://www.hantzgroup.com>

Janssen CNS <http://www.janssen.com>

McLaren <http://www.mclaren.org>

Millennium Health <http://www.millenniumhealth.com>

NeuroStar TMS Therapy <https://neurostar.com>

OtsukaAmerica Pharmaceutical, Inc <http://www.otsuka-us.com>

Pine Rest Christian Mental Health Services <https://www.pinerest.org>

Professional Risk Management Services <http://www.prms.com>

Sunovion <http://www.sunovion.com>

Takeda Pharmaceuticals USA, Inc & Lundbeck <http://betterhealth.takeda.com>

Validus Pharmaceuticals LLC <http://validuspharma.com>

## Cassandra Klyman Farewell



Farewell.

Since the time my sons left for College I have been, not just a member, but a participant in medical politics. And I highly recommend it as good for colleagues, patients and one's self. Now that I am re-locating to Los Angeles I'm nostalgic and asked if I could use some space in our e-Journal to reminisce a bit and say farewell.

In the late 70's MPS's offices were in Southfield, Ronna Perlmutter was the Executive Director, and we were in a kind of hey-day with 3rd party insurers expanding their coverage for mental health benefits. Psychoanalysts were the primary supervisors of psychiatric residents and intensive, long-term out-patient therapy was not uncommon as was 30-day hospital stays for the psychotic and/or depressed. We were moving past having only a handful of psychotropics to offer and OPC's were being established. In fact the insurers were giving us enough rope to hang ourselves and they soon pulled back and wanted us to retreat into a niche of being only providers of scripts and delegating therapy to psychologists and social workers to whom they could give less reimbursement. Lifetime psychiatric benefits were severely cut back from \$30,000.00 to \$5000.00. MPS bristled at this disparity and it's still motivating a larger part of our lobbying. In fact, lobbying became such a large part of our mission that we hired outside professionals and then made the significant move to Lansing. I and others travelled to Washington, D.C. to persuade lawmakers to get Medicare to cover mental health benefits. We must continue to keep a finger in that dyke since our disenfranchised and stigmatized patients need us and organizations like NAMI to strive to make the written policy of parity a reality.

Another trend that was going on was the increasing significance of women in our organization. Beth Ann Brooks was our first female President. I was next and Linda Horoczyuk followed while Beth Goldman was our anonymous "Pythus" and now happily it is not news anymore. This mirrored what was going on in the whole of medicine. It used to be said that when a profession became feminized the respect and remuneration diminished. Please let that not be so for us.

I recall what we worked hard at and what still needs effort to be maintained. We did learn that what the Legislature grants it can take away. That was the case of our mandatory motorcycle helmet law supported by neurologists, physiatrists and us and repealed recently by Governor Snyder who felt less restrictions on bikers would bring them to PureMichigan and increase tourism. Maybe leaded water would do the same thing? So far our reasonable "Duty to Warn" and criminalization of doctor/patient sex has held as well as mandated reporting of child and elder abuse. It was important that Representative David Gubow from Huntington Woods was sympathetic with our cause and introduced legislation. We need to continue to find legislators that have empathy and compassion for those they represent. United we can make Community Mental Health, ACT programs, Out-patient commitment and mandatory lead testing and treatment meet the needs of the population we know is suffering.

Besides I can attest that working together is creative and fun and builds resilience. I wish that for me and for you.

Cassandra M Klyman, M.D. e-mail [cklyman@sbcglobal.net](mailto:cklyman@sbcglobal.net)

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## Meet Daniel Dawis the new RFM Section President



### Where did you go to school?

MSUCOM - Michigan State University College of Osteopathic Medicine

### Why did you choose psychiatry?

Psychiatry truly piqued my interest when I was a 3rd year medical student. It was my first clerkship and instantly made an imprint on me. I was lucky and was able to see a wide variety of pathology. The clinicians I met I related to and saw a common goal. That is to improve the lives of others in a way meaningful and lasting way.

**What book are you reading right now?** Better - by Atul Gawande

**What are the top 5 songs on your playlist?**

Radiohead - Fake Plastic Trees; Led Zeppelin - Ramble On; Dave Matthews Band - Two Step;

**Most influential teacher?**

Mrs. Mazany, my algebra II teacher in 10th grade. She taught me how to apply myself as no other teacher prior had.

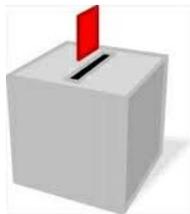
**What do you think is the biggest challenge faced by young psychiatrist new in the field?**

Advocating personally and professionally. The nature of practice is changing. The private practitioner appears to be going the way of the dinosaur. It seems as if most physicians are now employed by large groups. It seems it could be easy to get lost in a group and just accept what is given because that is what others are doing.

**Favorite Movie?** City of God

**Favorite recreational Activities?** Snowboarding and hiking in national parks

**Why do you choose to be a member of the Michigan Psychiatric Society?** - MPS is the best way to get in touch with those outside of the medical field to educate and inform them about why psychiatry is so important and vital. It allows psychiatrists from different areas of the state to communicate what adversity we are encountering and brings us together to form solutions for the difficulties we are having.



**MPS Election Results**

**Thank you all for your participation in our election. The MPS wishes to congratulate our new officers and councilors.**

President Elect: Scott Monteith, MD

Vice President: William Sanders, DO

Councilor: Deepika Sastry, MD

Councilor Scott Polick, MD

APA Rep: Michele Reid, MD

RFM Pres: Theresa Toledo, MD

For more information about our officers, please see our election issue: [MPS Election Issue](#)



**Michigan State University and Pine Rest Christian Mental Health Services Featured at APA Conference**

Congratulations to MPS Past President Eric Achtyes, MS,MD and MPS Vice President Bill Sanders, DO recently featured in a video displayed at the American Psychiatric Association conference this month.

The video highlights the expansion of the MSU Medical School and their commitment to psychiatry and psychiatric research.

You can view the six minute video [HERE](#)



Medical leadership for mind, brain and body.

### Become a Fellow of the APA

The Michigan Psychiatric Society is actively seeking members who would like to be considered for Fellow status in 2017.

Applications must be completed and returned to the APA by September 1, 2016

At APA, Fellows are members who are committed to psychiatry and the ongoing work of the Association, and who are ready to take the next step in their career. Fellows can display their pride of membership by using the FAPA designation professionally and wearing the FAPA lapel pin.

[Learn more about becoming a Fellow of the APA.](#) There is no additional fee or dues payment to be a Fellow of the APA (FAPA). Be among the prestigious 25 percent of APA general membership who hold Fellow status and apply to be a Fellow of the APA today

### APA Distinguished Fellowship is an Honor



Medical leadership for mind, brain and body.

The Michigan Psychiatric Society is actively seeking members who would like to be considered for Distinguished Fellow status in 2017. Interested applicants should contact the office

for details regarding the nomination process.

Distinguished Fellow status in the APA and MPS is a high honor; excellence, not competence, is the determining hallmark. The title of Distinguished Fellow is awarded to outstanding psychiatrists who have made and continue to make significant contributions in at least five areas of achievement. These areas encompass a wide range of professional and community activities and provide the opportunity of Distinguished Fellow status to members who have a broad range of skills and activities. A candidate must have been a General Member or a Fellow of APA for at least eight years and be Board Certified. Fellow status is not a prerequisite for Distinguished Fellow consideration.

Contact MPS now to obtain the application information, and to allow ample time to complete what is required. Applications must be received by the APA July 1, 2016 for consideration of Distinguished Fellow status which would be conferred in 2017 at the APA Annual Meeting. For more information on the application process, please contact the MPS office at [mps@mpsonline.org](mailto:mps@mpsonline.org).



### OPPORTUNITY

## CONSULTING MEDICAL DIRECTOR

This opportunity is for a Psychiatrist with a broad experience base with children, adolescents, and adults experiencing behavioral health issues.

Ideal candidate will have an interest in policy and procedure development and review. Consultant will have an active role in the Quality Improvement Program and be Quality Committed.

Position will also include oversight and evaluation of the Utilization Management Program and participation in the Credentialing Program.

interested?

CONTACT TAMARA HAGAR

[THagar@bhpnet.org](mailto:THagar@bhpnet.org) | (313) 656-0052

## Southwest Michigan VA Healthcare

VA delivers the best care by hiring only the best Healthcare Professionals, Administrative Specialists, Trade Workers, and Support Professionals. In return, we reward you with careers that offer the best benefits.

### DEPARTMENT OF VETERANS AFFAIRS MEDICAL CENTER,

**Battle Creek, MI** is seeking a full-time Staff Psychiatrists. Applicants can be board eligible, board certified (Preferred) in their specialty or completing their residency and fellowships.

Duties may include not only clinical assignments, but also teaching and supervision of residents and students in the following areas:

- General Inpatient and Outpatient Psychiatry
- Post-Traumatic Stress Disorder Programs
- Iraq and Afghanistan Combat Veterans Services
- Traumatic Brain Injury Services
- Buprenorphine Clinic

### • Urgent Care

Forward letter of interest, Curriculum Vitae, VA Application form 10-2850 (Available at [www.vacareers.va.gov](http://www.vacareers.va.gov)) and OF-306, Declaration of Federal Employment [http://www.opm.gov/forms/pdf\\_fill/of0306.pdf](http://www.opm.gov/forms/pdf_fill/of0306.pdf), to Physician Recruiter, Haamid Abdul-Mutakallim, [Haamid.Abdul-Mutakallim@va.gov](mailto:Haamid.Abdul-Mutakallim@va.gov), Battle Creek VA Medical Center, 5500 Armstrong Road, Battle Creek, MI 49037. You may call (269) 223-5802, for application information. Please include a copy of your CV to the current Chief of Psychiatry, Dr. R. Saint Laurent Fischre, III, [Rolbert.Fischre@va.gov](mailto:Rolbert.Fischre@va.gov).

Candidate must be a U.S. citizen and proficient in spoken and written English. Liberal benefits include retirement plan with savings and government matching, health and life insurance, 26 days paid vacation and 10 paid federal holidays. In addition, a relocation allowance, recruitment/relocation incentive and Education Debt Reduction Program may be authorized for highly qualified applicants.

For more information About the Battle Creek VA Healthcare system and positions located

in Battle Creek, Muskegon and Lansing please visit the following links:

<http://www.battlecreek.va.gov/>

<http://www.michigan.org/hot-spots/muskegon/>

<http://www.lansing.org/>



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