



MICHIGAN
PSYCHIATRIC
SOCIETY

Mentalnote

The Electronic Newsletter of the Michigan Psychiatric Society

August 2016 Newsletter

FROM THE MPS PRESIDENT



Greetings!

It is my hope that you will join MPS on the morning of September 24 for our APA- sponsored training on integrated care. Since the Affordable Care Act, coverage for mental health and substance use disorders has expanded benefits and parity protection for 62 million Americans. Integrated /Collaborative Care is a patient-centered and transdisciplinary team-based model for mental health that will enhance access to care with demonstrated cost-effectiveness and positive outcomes.

The integration of primary care, public health , and mental health seeks to achieve total health through evidence- based treatments. It is also a measurement- based treatment using patient- specific tools. The enhanced quality and access of integrated care will also help to diminish stigma and discrimination .

On another note, I would like to take this opportunity to introduce two new members of our council . Angie Pinheiro , MD , JD is a CMH medical director and active member of our community psychiatry committee. She has been appointed to the vacant council seat of Dr. Sastry , who is re-locating to Ohio.

Also, our immediate past president, Dr. Vasilis (Bill) Pozios, will be the newly appointed area IV representative to the APA assembly . When Bill Sanders was elected Vice President, his position as APA assembly representative became open.

Again, please join MPS on Saturday ,September 24 , either in person or on-line!

Sincerely,

Nina L Anderson, MD

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This training is provided at no charge to members and guests of the MPS.

Applying the Integrated Care Approach:
Practical Skills for the Consulting Psychiatrist

Join the Michigan Psychiatric Society for a
FREE training in integrated care on September 24, 2016.

[Click here to register.](#)

Date: Saturday, September 24, 2016

Time: 8:30 am - 12:30 pm

Primary Location:

St. Mary Mercy Livonia | 36475 Five Mile Road | Livonia,
MI*

Secondary Location:

Michigan State Medical Society | 120 West Saginaw | East Lansing, MI

Online streaming available for those unable to participate in person.

*Facilitator will be presenting from primary location. Live streaming will be available from secondary location and online.

Contact: Jane Sherzer - jsherzer@mpsonline.org

Course Description: Integrating Behavioral Health and Primary Care: Practical Skills for the Consulting Psychiatrist focuses on core integrated behavioral health care principles that will prepare psychiatrists for practicing in a value-based world. This opportunity is beneficial for psychiatrists working in any practice setting as it offers skill building in population health management and useful resources that can be applied to their practice. It also includes an overview of the CMS Transforming Clinical Practice Initiative (TCPI) and how to get involved with primary care networks seeking psychiatrists with integrated health skills.

The American Psychiatric Association (APA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide CME for physicians.

The APA designates this live activity for a maximum of 4 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

[Click here for an abstract and more information](#)

Special thanks to our supporter



Mental Health Association in Michigan Survey

The Mental Health Association in Michigan (MHAM) received a grant from the Flinn Foundation to conduct a study of the parity provisions in health plans offered in Michigan. The grant also supported efforts to survey recipients of mental health services about their experiences with getting those services covered by insurance. We did not receive many responses to the survey instrument the first time we sent it out so we are trying again with a broader list of initial contacts. Our goal is to get 1500 responses so we have enough information to determine if the advocacy community needs to do more to ensure that mental health services are provided on par with medical health care. The survey is entirely confidential. We will aggregate the responses and disseminate a report of our findings.

Please follow this link to our survey on Survey Monkey: <https://www.surveymonkey.com/r/mham2016>.

Even if neither you nor your organization provide mental health services, you can help us reach people who are receiving them (or having trouble receiving them) from other sources just by forwarding this email to your networks, posting the survey or a link to the survey on your website, and/or making hard copies of the survey available in your workplace.

We have dedicated an email address just for questions about, and responses to, the survey - mhamiweb@gmail.com

We are pressed for time now so we are encouraging everyone to respond as quickly as possible, preferably by August 24. We will submit a report to the Finn Foundation by September 1 but, if we receive enough responses after that date to warrant a revised report, we will submit one and disseminate it as well.

April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

SAVE THE DATE

Friday, April 21, 2017

MPS Annual Scientific Meeting

A full day of outstanding presentations and speakers on topics to inform today's psychiatric practice

Join us in Ann Arbor at the Morris Lawrence Center at Washtenaw Community College

To be held in conjunction with the annual

Residents' Teacher Day
&
Poster Contest

APA Website Feature: [APA Learning Center](#)



Did you know, your APA membership includes free access to the [APA Learning Center](#)

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You can use the Learning Center to:

Focus on a Specific Topic Area

- Filter courses by subject area, ABPN core competency, or ACGME milestone. Check out the "Recommended for You" content once you login. We'll try to suggest content based on your MOC stage and previous activities. Browse major topic areas throughout psychiatry.

Learn in Different Ways

- Live Events: meetings or webinars with attendance certificates retrievable in the Learning Center. Credit for IPS: The Mental Health Services Conference and the Annual Meeting are automatically recorded on your transcript.
- On Demand: single module courses on a focused topic.
- On Demand Plus: multi-module courses offering a deeper exploration of material through rich content and enhanced features, typically completed over a longer time period.

Get More From Articles and Books

- Journal CME: Get the most out of your subscription. Complete short quizzes corresponding to articles in the American Journal of Psychiatry (AJP) and Focus: The Journal of Lifelong Learning in Psychiatry.
- Study Guide CME: Complete short quizzes corresponding to selected American Psychiatric Publishing textbooks.

Meet MOC and MOL Requirements

- Performance in Practice (PIP): 3-stage chart review modules. Approved by the ABPN for MOC Part 4 (Performance Improvement)*.
- Self-Assessment: a multiple-choice exam with peer comparison, to help users identify clinical strengths and areas for further study. Approved by the ABPN for MOC Part 2 (Self-Assessment)*.

* APA reports member CME credit directly to ABPN

Meet Theresa Toledo the new RFM Section President Elect



Where did you go to school?

I attended the Universidad Autonoma de Guadalajara and then New York Medical College.

Why did you choose psychiatry?

I chose psychiatry because there has always been a part of me that was interested in getting to understand people's behavior and emotions, and what can be done when these are no longer productive or in balance. While within the field of medicine, psychiatry explores both the physiology of the brain and the workings of the mind, the concrete and the abstract, as well as cognition and emotion.

What do you think is the biggest challenge faced by young psychiatrist new in the field?

The biggest challenge is navigating the dynamic changes in the field of psychiatry in the context of the changes in the larger community, government and field of healthcare overall, while trying to attend to one's own needs and interests. While there is so much opportunity and excitement in the field, our generation is struggling to maintain personal wellness, balance and desire for achievement.

Why do you choose to be a member of the Michigan Psychiatric Society?

MPS is a great opportunity to connect with fellow psychiatrists, including the other residents, with the common interests of altruism, academic advancement and social justice in the state of Michigan and nationally.

What book are you reading right now?

Brain on Fire by Susannah Calahan, but almost done - next is Imperfect Control by Judith Viorst

What are the top 5 songs on your playlist?

In My Life by The Beatles, No One by Alicia Keys, Everything by Michael Buble, Brown-Eyed Girl by Van Morrison, Bright by Echomsmith

Most influential teacher?

Mrs. Van, my 8th grade creative writing teacher who taught me that is possible to think outside the box while following the rules.

Favorite Movie?

Pride and Prejudice

Favorite recreational activities?

Sightseeing, walking/jogging, reading, listening to music (live or recorded), coloring/painting

What is the first thing you check on your phone in the morning?

I usually check the day's weather.

Where did you go on your last vacation?

Las Vegas

APA's 100% Club is designed to support psychiatric residents while promoting a collaborative community of training programs throughout the United States and Canada. This year, we've revamped the 100% Club benefits to provide more day-to-day value for residency programs. [Check out the new 2016-2017 benefits, and how to earn your status!](#)



Congressional Advocacy Network

The Congressional Advocacy Network is APA's political grassroots network. Congressional Advocacy Network Advocates serve as key contacts for their members of Congress, so that when an important issue arises (like Medicare and Medicaid reimbursement for physicians and comprehensive mental health reform), APA can quickly get its message to members of Congress.

Responsibilities of a Congressional Advocate

- Represent the views of psychiatry to elected federal officials.
- Develop personal, constituent relationships with your representative and/or senators.
- Be aware of pending legislation at the federal level (through updates from APA Government Relations) and, with the assistance of the APA, be prepared to discuss its impact on psychiatry, your patients and the local community.

As a Congressional Advocate, you

- Will be given tools to effectively advocate on issues.
- May be asked (with APA staff's assistance) to set up meetings in your congressional District Office with members of Congress in an official capacity.
- Will also be encouraged (and supported by APA Government Relations staff) to build relationships by serving on campaign healthcare advisory boards, or potentially attending fundraising events on behalf of the APA. Careful measures will be taken to ensure all Congressional Advocates are educated in the applicable state and federal election laws.

Our goal is to help empower YOU to increase psychiatry's political impact, and for more members of Congress to have a personal relationship with psychiatrists, so they better understand the issues facing your practice and your patients and their families. APA's Department of Government Relations will help Congressional Advocates in all stages of this relationship building effort.

Through CAN, we hope to demonstrate the importance and impact of political involvement and advocacy to the broader membership, because as leaders we know the significant role federal legislators play in so many aspects of our profession.

[CLICK HERE TO JOIN US AND MAKE A DIFFERENCE](#)



Become a Fellow of the APA

The Michigan Psychiatric Society is actively seeking members who would like to be considered for Fellow status in 2017.

Applications must be completed and returned to the APA by September 1, 2016

At APA, Fellows are members who are committed to psychiatry and the ongoing work of the Association, and who are ready to take the next step in their career. Fellows can display their pride of membership by using the FAPA designation professionally and wearing the FAPA lapel pin.

[Learn more about becoming a Fellow of the APA.](#) There is no additional fee or dues payment to be a Fellow of the APA (FAPA). Be among the prestigious 25 percent of APA general

membership who hold Fellow status and apply to be a Fellow of the APA today

APA Distinguished Fellowship is an Honor



The Michigan Psychiatric Society is actively seeking members who would like to be considered for Distinguished Fellow status in 2017. Interested applicants should contact the office

for details regarding the nomination process.

Distinguished Fellow status in the APA and MPS is a high honor; excellence, not competence, is the determining hallmark. The title of Distinguished Fellow is awarded to outstanding psychiatrists who have made and continue to make significant contributions in at least five areas of achievement. These areas encompass a wide range of professional and community activities and provide the opportunity of Distinguished Fellow status to members who have a broad range of skills and activities. A candidate must have been a General Member or a Fellow of APA for at least eight years and be Board Certified. Fellow status is not a prerequisite for Distinguished Fellow consideration.

Contact MPS now to obtain the application information, and to allow ample time to complete what is required. For more information on the application process, please contact the MPS office at mpps@mpsonline.org.



Inpatient Psychiatry-Whitmore Lake, MI

Corizon Health, the nation's leader in Correctional healthcare solutions is seeking BC/BE Psychiatrists to provide quality on-site mental health services at the Woodland Correctional Facility, a high paced inpatient facility for severely mentally ill inmates. Full and part-time shifts available. Must have current MI license and DEA. Competitive compensation and benefits including paid malpractice, medical, dental, life, retirement plan, CME and 5 weeks Paid Time Off. For learn more, please contact Kim Burley at 517-827-3149 or email kim.burley@corizonhealth.com

Visit www.corizonhealth.com

Psychiatry Events in Grand Rapids



Saturday, September 24, 2016

Transition 101:

Residency to Psychiatry Career

Postma Center Cypress Room at Pine Rest
300 68th Street SE
Grand Rapids, MI 49548

11:30 a.m.

Registration & Lunch

12:00 – 3:00 p.m.

Employment Search Training
(Susan Sanford, Physician Recruitment Consultant)

Contact Trisha.Fite@PineRest.org
(616.446.0312) to register

Celebrate ArtPrize

Grand Rapids Art Museum
101 Monroe Center, Grand Rapids, MI 49503
(free parking to all registered families)

5:00 p.m. – 8:30 p.m.

Celebrate ArtPrize with
Pine Rest psychiatry staff, residents, & families
(food stations, drinks, and ArtPrize information included)

Contact Trisha.Fite@PineRest.org
(616.446.0312) to register

GRAM

www.artprize.org

Registration - Due 9/2/2016

Reduced hotel rate available for Saturday night (complimentary hotel room for psychiatry residents and fellows) until Friday, 9/2/2016. Contact Trisha.Fite@PineRest.org (616.446.0312) for reservation information.

Sponsored by:



pinerest.org

nami National Alliance on Mental Illness Walks

2016 | Saturday, Sept. 10
Grand Rapids



#IAmStigmaFree

Check-in at 8:00 a.m. Walk at 10:00 a.m.

Davenport University, 6191 Kraft Ave., SE, Grand Rapids, MI

THANK YOU TO OUR 2016 SPONSORS



Register and Donate Today! www.namiwalks.org/grandrapids



National NAMIWalks Elite Sponsor



National Walk Partner

For more information contact: Shelene Hahn, shahn@nami.org (517) 853-0950

Quick Links...

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[American Psychiatric Association](#)

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