



MICHIGAN
PSYCHIATRIC
SOCIETY

Mentalnote

The Electronic Newsletter of the Michigan Psychiatric Society

Summer 2017 Newsletter

FROM THE MPS PRESIDENT



Greetings!

MPS is an incredible organization because of its membership and mission. We are fortunate to stand on the shoulders of esteemed colleagues. Nina Anderson and last year's Council earned our admiration for their remarkable contributions to our profession. This year's incoming slate of leaders is equally outstanding and well-positioned to build on our predecessors' great work. For my part, the goals are simple: build on MPS's longstanding tradition of service and leadership. There are many challenges confronting health care, but it is also true that psychiatry's future has never been brighter. Thank you for your

continued commitment to our profession.

Sincerely,

Scott Monteith, MD

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Congratulations to our new MPS Council

The results are in and congratulations are in order to the 2017-2018 MPS Council and the *newly elected members*.

President: Scott Monteith, MD

Councilor: *Stephanie Woodfin, DO*

President Elect: Angela Pinheiro, MD, JD

APA Rep: Lisa MacLean, MD

Vice President: Bill Sanders, DO

APA Rep: Michele Reid, MD

Secretary Treasurer: Marcia Valenstein, MD

APA Rep: *Vasilis Pozios, MD*

Councilor: Ayesha Khan, MD

RFM President: Theresa Toledo, MD

Councilor: Scott Polick, MD

RFM President Elect: *Dale Switzer, DO*

Councilor: Heather Schultz, MD



Toolkit for the 21st Century Psychiatrist

MPS Spring Meeting a Great Success!

With nearly 300 MPS members, guests, and residents and fellows attending, the 2017 MPS Spring Meeting was one of our most successful meetings. Special thanks to the MPS Program Committee, our exhibitors, speakers and all those that participated in the meeting.

Congratulations to our poster contest winners:

Clinical category:

1. Andrew Riegel, DO , William Sanders DO MS
[Sudden Cardiac Death, MYBPC3 and Amphetamines](#)
2. Rachel Thiem, MD: [The Silent Treatment](#)
3. Sala Sadaps MD, Nicole Baker, Vineel Bezawada MD, Bangalore Ramesh MD
[Stigma, Culture, and Psychiatry](#)

Research category:

1. Lauren T Edwards, MD:
[The Western Diet Impairs Fear, Extinction, Learning and Memory: A Literature Review and Implications for Treatment](#)
2. Alycia F. Ernst, MD, Subha Hanif, BS, Dale A. D'Mello, MD, Catherine C. Adams, LMSW, ACSW, CAADC, Kelly P. Curtis, BA
[The Efficacy of a Single Three-Minute Mindfulness Intervention Upon Anxiety in Patients with Early Psychosis](#)
3. Matthew Hughes, MD, Kathryn Baker, MD
[But What About...Me? Taking Care of Our Own in a Patient Centered World](#)

Mark your calendars for our next spring meeting April 13, 2018 at the Kellogg Center on the campus of Michigan State University

AMERICAN
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American Psychiatric Association Assembly meets in
San Diego.

Medical leadership for mind, brain and body.

The APA Assembly represents and serves the needs of the district branches (DBs) and state associations (SAs) and recommends actions to the Board of Trustees.

To ensure a wide range of voices and ideas, representatives of the Assembly are selected regionally and by special groups determined by the Assembly. The APA Assembly consists of representatives from the DB/SAs and includes resident-fellows, early-career psychiatrists, minority and underrepresented (M/UR) psychiatrists, and representatives from allied organizations approved by the Assembly. Each DB/SA elects its representatives to the Assembly through its own election process.

Lisa MacLean, MD, Michele Reid, MD and Vasilis Pozios, MD are the MPS representative to the APA Assembly.

To see a summary of the Assembly actions in San Diego, click [HERE](#)



National Network of Depression Centers

Join your colleagues at the 2017 Annual Conference:
Precision Psychiatry for Depressions and Bipolar Illnesses

For more information click [HERE](#)



**Continuing
Medical
Education**

NEWS YOU NEED TO KNOW
PHYSICIAN CME REQUIREMENT- MEDICAL ETHICS

A minimum of 1 hour of continuing education must be earned in the area of medical ethics. Effective December 6, 2017 a minimum of 3 hours of continuing education must be earned in the area of pain and symptom management.

Find our more [HERE](#)

Did you know you can find CME training on medical ethics at the APA Learning Center?
Click [HERE](#) for more information!

APA Supports Mental Health Registry

The APA is committed to helping psychiatrists meet new Medicare quality reporting requirements and maintain professional recertification. The creation of a

mental health registry will:

- help psychiatrist avoid payment penalties and instead achieve bonuses for meeting CMS quality reporting requirements
- reduce the burden of submitting Performance-in-Practice data and obtaining ABPN MOC Part IV credit to maintain board certification and hospital credentialing

The Board of Trustees in early 2016 approved the development and implementation of a mental health clinical data registry. APA's registry is in the initial stages of development. For more on the development and benefits of APA's registry, [read the Psychiatric News story.](#)

APA members who have questions or comments about the development of the mental health clinical data registry are invited to send them to registry@psych.org.

Reach100%

Congratulations to our 100% Club Members

The APA 100% Club was established to encourage residents throughout the United States and Canada to join the APA with fellow trainees in their programs.

Many psychiatric residency programs come very close to making 100% Club each year, but fall a little short. In order to honor those programs for their efforts, the 100% Club has been expanded to three levels of Gold, Silver and Bronze, as well as the addition of a Platinum level which will recognize programs that have been part of the 100% Club Gold level for the past five consecutive years. Eligibility requirements, description, and benefits for each level are available [HERE](#). This year, we've revamped the 100% Club benefits to provide more day-to-day value for you and your residents.

The MPS would like to congratulate our 100% club members:

Program	100% level
Detroit Wayne County Health Authority	Gold
Henry Ford Hospital	Gold
Michigan State University	Gold
Pine Rest Christian Mental Health Services	Gold
Central Michigan University College of Medicine	Silver
St. Mary Mercy Hospital	Silver

The APA recognized several of our MPS colleagues at their annual meeting in San Diego earlier this summer. The APA Board of Trustees approved the following MPS members for Fellow status in the American Psychiatric Association. This honor reflects the dedication of the Fellow to the work of the APA and the psychiatric profession.

Nina Anderson, MD
Eugene Brooks, MD
Tyenne Dosh, MD
Lisa MacLean, MD
David Mazur, DO
Ravinder Mediratta, MD
Jeanette Niemisto, MD
Oladayo Shobola, MD
Radosveta Stoyanov, MD



The MPS Needs You Do you have expertise you can share?

The MPS is called upon from time to time to comment on current events, or to provide specific expertise for a variety of settings. We need your help! Do you have a specific interest or expertise that you can share? Do you know a respected colleague with a specific expertise? Are you willing to be interviewed by the media, speak with policy makers, or provide this expertise in setting outside of your practice?

The MPS Communications Committee is compiling a list of MPS members with expertise in a variety of psychiatric conditions. Please contact us at [MichPsychSoc@gmail](mailto:MichPsychSoc@gmail.com) to be included in this initiative.

We need a robust list with a variety of experts:

Substance Abuse Disorders
Integrated Care
Suicide

Eating Disorders
Gun Violence
Forensic Psychiatry

GME
Private Practice
Community Mental Health



Medical leadership for mind, brain and body.

IPS: The Mental Health Services Conference

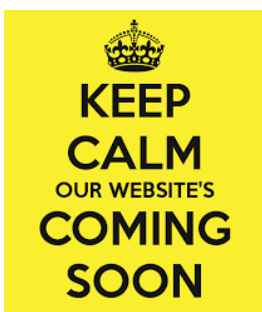
Enhancing Access & Effective Care

IPS: The Mental Health Services Conference's mission is to train and support psychiatrists and other mental health professionals to provide quality care and leadership. Its goal is to ensure optimal care and hope of recovery for individuals who suffer from mental illness, substance abuse or other difficulties through the study of clinical innovations and services to better meet their needs.

- Learn from renowned thought-leaders.
- Meet professional education requirements.
- Discover innovative treatment options.
- Connect with colleagues.

New Orleans, La. * October 19 - October 22, 2017

For more information and registration click [HERE](#)



MPS Website Alert

The MPS expects to be rolling out our newly upgraded MPS website

Watch your email for our official rollout!

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New APA Resource Helps Early Career Members on the non-clinical side of medicine

Your early career as a psychiatrist is an exhilarating time as you continue to develop your identity as a physician and explore new opportunities. It can also be challenging as you tackle the business side of medicine and manage your

career. Your APA membership can help with business of medicine resources, professional development, and career management - now collected on one [APA webpage](#).

Outpatient Psychiatry, Part Time. Ann Arbor



Ann Arbor Consultation Services, an established, well-managed, insurance-based outpatient, behavioral health practice in Ann Arbor is seeking a Board Eligible psychiatrist for 8-15 hours per week for assessment and medication management of higher functioning patients referred by our therapists.

Last year 76% of our patients had positive outcomes. As a private clinic, we are selective about who we accept for treatment (no Medicaid). 75% of our patients are adults and 25% are under 18.

For more information visit our website at a2consultation.com or contact Terry Dunivin at 734-996-9111/ tdunivin@a2consultation.com.

Quick Links...

[MPS Website](#)

[American Psychiatric Association](#)

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